

Mark your calendars

# Live music at pool, sweepstakes, vendor expo

Residents, there will be a live music performance at the pool with light refreshments by the waterfall on Saturday, Aug. 30, from 6:00 to 9:00 p.m. This is for adults only.

"The Social Club and directors wanted to bring you something special in August so plan now to attend this event," said Brad Seymour, board president.

"The board has booked a talented duo -- John and Jesse Gomez -- who sing and play guitars, saxophone, horn and some percussion, and the Social Club will have light hors d'oeuvres available," he said.

"Because of the amount of space available, we must limit the event to adults only, and we must have reservations by Aug. 22 so we know how many hors d'oeuvres and water to buy."

Continued on page 11

#### Call for Candidates

## Reminder: Applications for director due Aug. 29 at noon

Attention Members (homeowners): The window is open for members to apply for a position on the Kern City Board of Directors for the 2026-2027 term. There are four seats open. Applications are available in the office, and the last day to turn one into the office will be **Friday, Aug. 29, by noon.** 

"This is a wonderful opportunity for established members -- those who have lived here at least a

year -- to participate more in our community," said Board President Brad Seymour.

"I want to caution members that the board really needs people who are willing to spend time working on projects. We keep costs down when directors help out so we really appreciate those who will do that. Also, directors need to be team players who consider all sides and work for solutions that benefit the

community."

#### **Oualifications include:**

- You must have owned your Kern City home for at least one year.
- You must be current in your assessment payments.
- Applicants cannot have a criminal record that can affect KCCA's fidelity bond coverage.
- Two members from the same residence cannot serve at the same time.

Ballots will be mailed

Continued on page 11

#### IMPORTANT DATES

Aug 5 - Volunteer Hours due

Aug 12 – KC board mtg, 9a

Aug 17 -- Hotdog Lunch, 12:30

Aug 22 -- Early Dinner-Sundale CC, 4-6p

Aug 23 – KCAI Vendor Expo, 10a-12p

Aug 29 – Deadline: Director applications due to office by 12 noon!

Aug 30 – Aug. 30 - Music @

pool, hors d'oeuvres, 6p

### President's message

Hello Kern City Residents! The dog days of summer are here. Extreme heat can pose serious health risks, particularly for seniors. As people age, their bodies become less efficient at regulating temperature, making older adults more vulnerable to heat-related illnesses such as heat exhaustion and heat stroke. Underlying medical conditions, medications, and reduced mobility can further increase this risk, highlighting the importance of proactive measures during periods of extreme heat.

One major factor affecting seniors is that they may not feel thirst as acutely, leading to dehydration, which worsens the effects of high temperatures. Additionally, some medications commonly prescribed for heart disease, high blood pressure, or depression can impair the body's ability to regulate heat or retain fluids. This combination can make even moderately high temperatures dangerous for older adults.

Living conditions also play a role. Seniors who live alone, especially without air conditioning, are at higher risk. Limited access to cooling centers or transportation can prevent them from escaping hot environments. In rural or lower-income areas, where resources may be scarcer, the threat is even more pronounced. To reduce the risks, it is vital for seniors and their caregivers to take preventive steps. Staying hydrated is crucial — even if one does not feel thirsty. Wearing light, breathable clothing and avoiding outdoor activities during peak sun hours (usually between 10:00 a.m. and 4:00 p.m.) can help regulate body temperature. Keeping the living environment cool with fans, air conditioning, or by drawing curtains during the day is also beneficial.

Community awareness and support are equally important. Family members, neighbors, and community services should regularly check in on elderly individuals during heat waves. Local governments and organizations

**Continued on page 3** 



HOTDOGS, ANYONE? - Several people enjoyed the Social Club's hotdog lunch last month. It is a fun and very reasonable lunch. This month it will be on Sunday, Aug. 17, at 12:30 p.m.

#### **LORENES TOGOS DINNERS**

4-6 PM MONDAY-FRIDAY ONLY NO SUBSTITUTIONS NO EXCEPTIONS
STARTING AIPRIL 28
Served with one stale Chiral garlic toast

- COUNTRY FRIED STEAK \$16
- PORK CHOPS S16
- CHICKEN FRIED CHICKEN \$16
- Salmon \$16
- **MEATLOAF S14**
- 2POUND GR BEEF STEAK \$14
- **BEYE STEAK S22**
- -TOP SIRLOIN STEAK \$17
- **NEW YORK STEAK S21**

Sides choice Salad, Coleslaw Green Beans Fruit Cottage cheese Mashed potatoes &Gravy,

TOGO ONLY

SPAGHETTI W/CARLIG TOAST \$13

CHEF SALAD W/CARLIC TOAST \$13

SLICE OF PIE \$2.99

MING LOCATION ONLY 661-831-9250

NO EXCEPTIONS THE COLUMN

### LORENE'S RANCH HOUSE

Lorene's Coffee Shop • Ming Ave, Bakersfield, CA **Open: Monday to Sunday from 7am to 3pm** 

To Go Dinners offered from 4-6 PM Monday - Friday

Call ahead to place your order 661-831-9250 No substitutions • No Exception • No Coupons





### Lorene's August Coupon

Receive 20% off the total of your bill. Cannot be accompanied with other offers. May be use for breakfast and lunch only. Please present to server before ordering.

Coupon good for 2 people from 8-1-25 to 8-31-25 Only original coupon copies accepted. Kern City Klarion August 2025



### KERN CITY OFFICE HOURS:

9 a.m. to 2 p.m. Monday through Friday Closed holidays

#### **BOARD OF DIRECTORS**

Buster Beebe Kelley Lee Ilene Schechter Brad Seymour Darryl Slavin Donna Tyner Jill Wolf

#### **OFFICERS**

President:

Brad Seymour Vice President:

VICE I ICSIGCIII

**Buster Beebe** 

Sec.-Treas.:

**Donna Tyner** 

#### Publisher:

Belaire Publishing and Consulting

Editor and KC Office:

Jill Foley

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Bakersfield, CA 93309

661-831-2035

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### **Manager's Report**

#### Residents' requests

We sometimes receive requests from residents to put something in the *Klarion* asking people to do or not do something. Most of the requests ask us to remind others to follow the rules.

The requests that have come in lately include:

- Please take down yard sale signs after the sale
- Remember there are NO evening hours for children at pool
- Don't give your pool card to anyone to use. A non-resident was swimming regularly because a member gave him the pool card to use any time. That pool card was turned off.
- Walk your dog on a leash and pick up after it.
  - Don't walk on the golf course.
  - Keep dog(s) off the golf course.

We appreciate everyone who follows the rules!

And we hope all residents will be careful in the high heat and will avoid mosquitoes.

Jill Foley

### **Condolences**

The Board of Directors and staff of the Kern City Civic Association offer their thoughts and prayers to the families and loved ones of the residents here who passed away recently:

> Kimberly Murphy, Easter Smothers, Don Steckdaub

### **President's Message**

#### Continued from page 1

can help by offering transportation to cooling centers or distributing fans and water.

Education is key. Seniors should be informed about the signs of heat-related illness -- such as dizziness, nausea, confusion, or excessive sweating -- and know when to seek help. Caregivers and loved ones need to recognize these warning signs, as delayed action can have life-threatening consequences.

In conclusion, while extreme heat can affect anyone, seniors are among the most vulnerable. With awareness, planning, and community support, many heat-related illnesses and fatalities can be prevented. Ensuring the well-being of older adults during heat waves isn't just a health priority — it's a societal responsibility.

And don't forget that our Library is a cool place to be! It's open between 9:30 a.m. and 3:30 p.m. Monday through Friday, and you can escape the heat while working a puzzle, reading a book or magazine or using a computer. And drop your name into the Social Club's \$100 Sweepstakes box in the Library. You just may be the winner!

**Brad Seymour** 

### WIN A \$100 GIFT CARD!



The Social Club goes on vacation during July and August but we will sponsor a drawing for our residents. A lucky KC resident will have the opportunity to win a \$!00 Gift Card each month and get their photo in the Klarion.

Entry forms will be located in the Library. Visit the Library, enter the drawing, work the puzzle, read the paper, buy greeting cards or just relax where it is cool.

#### RULES

- One (1) entry per household. We are using the honor system.
- If any resident has transportation problems and cannot get to the Library, please call me [Terry Wiersum, (661) 340-0689] and I will submit an entry for you.
- Starting Tuesday, July 1 Drawing Thursday, July 31
- July entries will be discarded and August entries can be submitted
   Starting Friday, August 1 Drawing Friday, August 29



August 2025 Kern City Klarion

### DRAFT KCCA'S REGULAR BOARD MEETING MINUTES

July 8, 2025, 9:00 a.m.

The meeting will be videotaped and recorded. The tape recording will be erased after the minutes are done.

#### I. CALL TO ORDER:

- a. Welcome: President Seymour called the meeting to order at 9:00 a.m. Other directors present: Buster Beebe, Kelley Lee, Ilene Schechter, Darryl Slavin, Donna Tyner and Jill Wolf and Manager Jill Foley. President Seymour welcomed attendees, and Roger Kirby led the flag salute.
- b. Announcements: President Seymour welcomed everyone to the meeting. He stated an insert was in the July Klarion stating members can now pick up an application to run for director. He said there are four seats that will be vacant and applications are in the office. To qualify, the candidate must have been a homeowner for one year, have paid assessments, and not have a felony conviction that prevents KCCA from getting a fidelity bond.
- II. MINUTES: Director Tyner asked if there were any corrections to the June 11, 2025 minutes. There were none so the minutes were accepted as presented.
- III. TREASURER'S REPORT: Director Tyner reported that as of June 30, 2025, at Mechanics Bank the Checking Account had \$16,854.01. There is \$296,246.40 of the checking account money in a Money Market Account and \$136,476.53 of our Reserves in a CD. Therefore, the total in Mechanics Bank as of June 30, 2025 was \$449,576.94.

At Valley Strong there is \$102,942.08 in a Money Market account. At Edward Jones, there is \$229,868 in one CD, \$59,922 in another CD and \$230,805.12 in a Money Market account. The total in Edward Jones is \$520,595.12. Between the three banking institutions there is \$1,073,114.14.

IV. MANAGER'S REPORT: Manager Foley reported the deadline to turn in Letters to the Editor or classified ads is Tuesday, July 15, by noon for the August Klarion. On July 11, the office will be closed for the office to go through files and do some catching up. The office will be open on Saturday, July 12, from 10:00 a.m. to noon for anyone

needing to come into the office, and there will be a Meet and Greet from 10:30 a.m. to noon that day. Manager Foley reminded residents if they have a garage sale/yard sale to remember to take down any signs immediately after the sale. The office has learned of the passing Kimberly Murphy, Easter Smothers and Don Steckdaub.

#### V. COMMITTEE REPORTS:

- a. Pool Director Lee reported the pool is 77 degrees and will warm up as the weather warms. The radio at the pool is not working and stated if anyone would like to donate one which plays a radio and CDs, it would be appreciated. This is the fourth radio that has either broken or been stolen.
- b. Inside Maintenance -- Director Wolf said the Community Room and the flagpole will be painted on Friday by Morales Painting. She thanked the gardening group for all their hard work.
- c. Compliance Director Wolf stated she and Director Schechter drive around the community to keep track of homes for sale or for rent. That also helps them notice any issues. The office gets calls asking about rentals, so this helps to provide that information. She also stated that about four properties that were not in compliance have been brought into compliance.
- d. Outside Maintenance Director Slavin said the water heater in the activities wing has broken and the plumbing company will be out on Wednesday to fix it. There is cold water available for showering before getting into the pool. The city painted the necessary curbs in the front of the office. Rankin electric will be out on Monday to fix some electrical issues behind the Town Hall.
- e. RV Storage -- Director Beebe reported the RV storage is about 95% weed free because the previous spraying that was done has killed most of the weeds. There is a tree branch hanging over the fence from a neighbor's house and he will cut it down.
- f. Special Projects Director Tyner said the Las Vegas comedian will be here Thursday night. The cost will be \$10 and includes a light dinner. The Meet and Greet event helps newcomers and current residents learn more about Kern City and

is on Saturday from 10:30 a.m. to noon. The 'Early Bird' dinner at the 19<sup>th</sup> Hole is July 25 from 4:00 – 6:00 p.m. and will be a Basque Dinner with fried chicken, spaghetti, beans, salsa, cabbage soup, and sourdough bread for \$15.95 with reservations by July 24. Without reservations the dinner is \$17.95. The Ice Cream Social will be on Thursday, July 24, from 5:30 to 7:30 p.m., with the Directors scooping.

- g. Library -- Director Tyner said the Library needs newer books although all donations (10 years old or newer) are appreciated. She encouraged everyone to enjoy the cool library to sit, read or put the puzzle together during these hot days.
- h. Local Associations Director Schechter reported she and President Seymour and Director Wolf attend local association meetings. KCAI is holding a Vendor Expo on Aug. 23<sup>rd</sup> and residents of Kern City can attend and find businesses that offer services needed by homeowners.

VI. OLD BUSINESS: None

#### VII. NEW BUSINESS:

a. Action on Revising Pool Rules – President Seymour stated the board is proposing to change the pool rules to allow only four guests at one time in the pool/pool area per property. He stated the reason for this rule change was that families are often bringing in large groups that take over the pool area inhibiting the use by residents. Another rule change is to make clear that the only beverage allowed in the pool area is water in a plastic bottle or metal drinking container. Residents with medical issues will be an exception. Another rule is to clearly state that suntan oils are not allowed in the pool as they leave a 'ring' on the tile. President Seymour reminded pool users they may not interfere with the vendors taking care of the pool. The pool maintenance man tries to work around swimmers, but swimmers need to be respectful. The revised rules will go out to members, and they will have 28 days to respond in writing to the office. Director Wolf made a motion to send the revised rules to the members, and they will be voted on at the next meeting. Vote: Passed, unanimous.

### **Library News**

Well, I hope you came in the Library last month and entered the drawing for \$100 sponsored by the Social Club. We'll be doing it again this month but you have to enter again. Good luck!

A couple of things ...We are really in need of newer books. My monthly offerings are getting a little less because I don't want to run out. I have a good supply of several authors so you may get monthly Patterson, Cussler, Woods etc. I have older releases that I will also put out.

Most of the Christian/Inspirational are repeats or very similar to what we have, and all paperback, so those will just go right onto the shelves with green dots and author designation, but won't be required to be checked out.

Someone donated a large amount of Country Western CD's so they are on the "free" shelf at the end of the magazines. They don't need to be returned. I have also put out some crossword puzzle books for you to take and enjoy. And don't forget about the Rock and Roll biographies on the round table!

I don't know how many of you remember Helen Haslett or the fact that one of her daughters is an author. Her name is Donna Scuvotti. She recently completed her third novel entitled BLACK SHEEP. She notified me of that so I purchased it for our library. I just completed it and it's very well written. For it to make the most sense you should really read JUST JONATHAN and DEAD-LY VENDETTA, first. Both are on our shelves in hardback. It's a good read on it's own but better as the final book. I'm running out of room here so you'll need to come in and see what else is awaiting you.

> Happy Reading, Donna Tyner

#### **AUGUST ADDITIONS & DONATIONS**

BOOKS: M = Mystery LP = Large Print \*\* = Inspirational/Christian Novels <math>NF = Non-Fiction N = Novel ML = Military

N Bradford, Barbara Taylor

N Roberts, Nora

N Scuvotti, Donna

N Williams, Beatriz

M Child, Lee

M Gardner, Lisa

M McCafferty, Keith

M Mamet, David

M Penny, Louise

LP Michaels, Fern

LP Patterson, James

NF Birnbaum, Nechama

NF Rappaport, Helen

Secrets of Cavendon

Hidden Nature

Black Sheep

The Lost Summer of Newport

In too Deep

Still See You Everywhere

The Bangtail Ghost

Chicago

Kingdom of the Blind

Home Sweet Home

Holmes, Marple & Poe

The Redhead of Auschwitz

The Race to Save the

Romanovs

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### GREETING CARDS CALENDARS

The Library has Greeting Cards and Calendars, and they may be



the best bargain in town. Greeting cards are 10 cents and calendars are 25 cents! We have some beautiful and expensive cards that sell for quite a bit more in card shops. Come see what's available!

			August 2025			Kern City Klaric
Sun ABBREVIATIONS CM: Comm Room CR: Del Webb Conference Room in Town Hall ER: Exercise Room P: Pool PR: Pool Room SR: Sewing Room TH: Town Hall WS: Woodshop	Mon  AQUASIZE: AM: M,W,F 9a, P PM: M-F, 4p, P	Auç	just 2	Thurs	1 Fri  Let's Color, 1-2p, CM  Call  209-535-4029	2 Sat Beginning Sewing 10a-12 noon, SR RSVP: (661) 364-3365
3 Church 9:30- 10:30, TH Communion	4 SR Exer. 10-12 TH Line dance, 1:30p Beg, 2:30 Inter TH	5 Volunteer Hours due Poker, 10a-2p, PR Left, right, center & LRC31, 6p, CM	6 SR Exer 10a TH Bible Study, 10a CM Overeaters Anon, 12 -1p, SR Line dancing, adv 2-4, TH Pinochle 6-10pCM	7 SR Exer 10a TH TOPS 9-11 CM Poker, 10a-2p, PR Canasta 1-4:30p CM	8	9
10 Church 9:30- 10:30, TH	SR Exer. 10- 12 noon TH Line dance, 1:30p Beg, 2:30 Inter TH	12 Blue Cart PU  KCCA BOARD  MTG  9:00am, TH  Poker, 10a-2p, PR  Left, right, center & LRC31, 6p, CM	13 SR Exer. 10-12 TH Bible Study, 10a CM Overeaters Anon, 12 -1p, SR Line dancing, adv 2-4, TH Pinochle6-10p CM	14 St Sweeper SR Exer. 10-12 TH TOPS 9-11 CM Poker, 10a-2p, PR Canasta 1-4:30p cm Church bd mtg offsite tonight RSVP to painting on 7-19: 472-9193	15	Painting class, 10a-1p potluck SR. RSVP to 472-9193 by 7-17.
17 Church 9:30- 10:30, TH Coffee & donuts, 8:30a TH Hot dogs on the Patio 12:30-2:30p	18 SR Exer. 10- 12 noon TH Line dance, 1:30p Beg, 2:30 Inter TH Bunco 6:00, TH	Poker, 10a-2p, PR Scrabble, 1p, CM Writers Group, 1-2:30, SR Left, right, center & LRC31, 6p, CM	20 SR Exer 10a TH Bible Study, 10a CM Overeaters Anon, 12 -1p, SR Line dancing, adv 2-4, TH Pinochle 6-10pCM	21 SR Exer 10-12 TH TOPS 9-11 CM Canasta 1-4:30p CM Poker, 10a-2p, PR	22 EARLY BIRD DINNER, 19 <sup>th</sup> Hole Grill, 4-6P, \$15.95 RSVP @324-6561 by 7-21, \$17.95 on 7-22.	KCAI Vendor Expo, 10a-12p
24 Church Svc 9:30-10:30a 31  Chur. Svc 9:30-10:30a (no church lunch this month)	25 SR Exer. 10- 12 noon TH Line dance, 1:30p Beg, 2:30 Inter TH Music Makers, 4p, TH	Poker, 10a-2p, PR Left, right, center & LRC31, 6p, CM 5	27 SR Exer. 10-12 TH Bible Study, 10a CM Overeaters Anon, 12-1p, SR Line dancing, adv 2-4, TH Pinochle 6-10p CM	28 SR Exer. 10-12 TH TOPS 9-11 CM Canasta 1-4:30p CM Poker, 10a-2p, PR	Members! Director Candidate applications deadline is today at 12 noon!	Cool Music at the Pool & hors d'oeuvres by waterfall 6p RSVP to office at 661-831-2035

Kern City Klarion August 2025



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Kern City Social Club

### "LET'S COLOR"

Do you remember getting together with your friends and coloring in your coloring book?



Friday, Aug. 1

1:00-2:00pm

#### In the Community Room

Bring your coloring book & crayons, or we have some to share.

Call Debbie for more details. 209-535-4029



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- Gated community
   Indoor and outdoor dining venues
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- Excursions to concerts, restaurants, the beach and more

We're Bakersfield's only nonprofit Life Plan Community, with programs designed to nurture the body, mind and spirit. Including a commitment to help you live your best life — through connection, well-being and security.

JOIN US FOR OUR "MEET THE RESIDENTS" EVENT ON TUESDAY, AUGUST 19TH, AT 11 A.M.

To reserve your spot call, (661) 416-3541 or visit us online at ExploreRW.com

Rosewood

a human good community



### **Around Kern City**

With the Social Club's July 4th breakfast and its hotdog lunch and the board's Ice Cream Social and Comedy Night, July was a busy and fun month. The July 4th breakfast and the Comedy Night each had approximately 90 residents. The breakfast had people lined up along two walls and the Town Hall was a sea of red, white and blue with residents proudly showing the nation's colors.

More people are on vacation this month, but there are still plenty of activities for residents. They include: The Social Club's hotdog lunch for \$5 on Sunday, Aug. 17, at 12:30 p.m. in the Town Hall, the Sundale Country Club's Early Bird Dinner on Aug. 22 from 4:00 to 6:00 p.m. (make reservations at [661] 324-6561), and Kern City Apartments Inc.'s Vendor Expo event on Saturday, Aug. 23, from 10:00 a.m. to 12:00 p.m. in the Town Hall. KCAI has invited different businesses that residents typically need to fix plumbing, electricity, roofs, etc. plus the Veterans Administration and much more.

There are also fun activities such as Scrabble, Let's Color, Beginning Sewing, Jewelry Making, Painting, writing group, Poker, Bunco, Pinochle, Canasta and Left Right Center. Check the calendar in this issue for the dates and times.

The Kern City Community Church meets each Sunday at 9:30 a.m. and has a Bible Study on Wednesdays at 10:00 a.m.

For health, there are Senior Exercise, Aquasize exercises at the pool, Line Dancing, TOPS and Overeaters Anonymous, and an Exercise Room with equipment.

And don't forget: The Social Club is giving away \$100. Drop your name in the sweepstakes box in the Library.





ABOVE: SO DELICIOUS -Residents lined the walls while waiting to go through the line at the special July 4th breakfast.

AT LEFT: WILLIE NELSON? -- Comedian Randy Riggle told jokes on Comedy Night but also did impressions of famous people. Here he was performing as Willie Nelson.





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- **Drain Cleaning**
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- **House Repipes**

#### **HVAC Services**

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- **Performance Analysis**
- **Cooling System Installations**
- Maintenance, Sales, & Repairs
- Heating System Services
- System Plan and Diagnosis



CA LIC #793014 | www.hpsmechanical.com

Kern City Klarion August 2025



### City of Bakersfield Solid Waste Division (661) 326-3114

www.bakersfieldrecycling.us

### CURBSIDE RECYCLING CALENDAR TUESDAY (Every Other Week)

Please place recyclables in your blue cart and roll it out to the curb by 6 a.m. on the pickup days shown on calendar.

#### July 2025 - June 2026

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#### Acceptable Items

- Metal Cans
- Green, Brown, Clear Glass
- #1-7 Plastic Containers
- Newspaper
- Office Paper
- Cardboard
- Brown Paper Bags
- Magazines

PUBLISHED 7/1/2025 20-90

#### Unacceptable Items

- Garbage
- Household Hazardous Waste (Batteries, Paints, Oils, Solvents)
- E-Waste (Computers, Monitors)
- Plastic Bags
- Plastic Hangers
- Shrink Wrap
- Styrofoam

Call the Kern County Special Waste Facility at (661) 862-8900 to learn how to properly dispose of household hazardous waste for free.



### FUN AND ENGAGING KCAI VENDOR EXPO

Saturday, August 23, 2025 10 a.m. - 12:00 noon Kern City Town Hall 1003 Pebble Beach Drive

Please join us for a special event featuring vendors for our senior community. Featuring roofers, plumbers, electricians, legal services, mobility equipment, insurance reps, Veterans Administration (will be doing veteran ID cards), and more.

DISCLAIMER: Under no circumstances shall the creators, providers or contributors of this event be held liable for any direct, indirect, incidental, consequential or punitive damage(s) arising from this event.

Residents/non-residents are responsible for making their own informed decisions and exercising independent judgment when engaging with the event participants.

Carol Ann Toms 2025 KCAI President (320) 260-7230

### **POOL RULES**

The Pool Rules changed in August 2024 to eliminate children's hours on Saturday nights. Now the children's hours are everyday from 10:00am to 2:00pm.

#### Pool area is NON-smoking

- 1. The Kern City Swimming Pool, Locker Rooms and entire pool area are for the use of Kern City members/residents and their Guests only. Members/residents must accompany their Guests.
- 2. ALL PERSONS USING THE POOL AND OTHER FACILITIES DO SO AT THEIR OWN RISK.

#### LIFEGUARD SERVICES ARE NOT AVAILABLE.

- 3. An Association resident or member must accompany his or her Guest(s) and must have a pool key card.
  - All residents entering the Pool area must enter with their pool key card. Do not open the gate for someone or allow someone to enter behind you. They must use their own key.
  - Residents in good standing may pick up a card in the office for a deposit.

#### **HOURS**

Swimming Pool hours for Members and Adult Guests over 18:

- Monday through Friday 10:00 a.m. to 10:00 p.m.
- Saturday and Sunday 9:00 a.m. to 10:00 p.m.
- Note: Early morning exercisers are permitted except during pool cleaning from 7:30 to 9:00 a.m. on Monday/ Wednesday/Friday (or on Tuesday after a three-day holiday weekend) or during Aquasize classes.

Hours for all Guests between the ages of 3-18 (who must be with a resident) are:

- Sundays through Fridays: 10:00 a.m. to 2:00 p.m. and
- Saturdays: from 10:00 a.m. to 2:00 p.m.

#### Swimming Pool even if they showered before arriving

- 4. No child under 3 years of age will be permitted in the Pool.
- 5. Absolutely <u>NO DIAPERS</u> (children's or adult's) in pool.
- 6. Rafts, balls and toys are not permitted in the Pool Area. Fins, Snorkels and Safety Aids are permitted.

- 7. Games, Stunts, Running, Diving, jumping in and all types of horseplay are prohibited in the Pool and Pool area.
- 8. Foods and Beverages of any kind are not allowed in the pool area. No glass or breakable plastic is allowed in the pool area. Ice chests and other containers with food are NOT allowed in the pool area.
- 9. Oils and lotions are <u>not</u> permitted in the Pool area or Pool.
- 10. Waterproof sunscreen is allowed but must be dry on the skin before getting into the pool.
- 11. Pets are not permitted in the Pool area at any time.
- 12. Nudity and partial nudity are not allowed in the pool or pool area, and only swimming attire no street clothes (except for sun protection) are allowed in the pool. Also, please don't wear jewelry into the pool.
- 13. MEMBERS WHO REFUSE, OR FAIL TO CONFORM TO, THESE RULES MAY LOSE THEIR RIGHT TO THE USE OF THESE FACILITIES WITH A FIRST TIME OFFENSE OF 30 DAYS.
- 14. These rules are for your protection and to ensure your safe enjoyment of our Kern City aquatic recreation area. Your Cooperation is always appreciated.

The pool and surrounding areas are video monitored. 8/2024

# Aquasize classes in AM and PM

The afternoon water aerobics class began last month and people can join in every weekday from 4:00 to 5:00 p.m. For more information, call Nancy McMasters at (661) 837-8986 or Scott Ford at (661) 831-7295.

The morning exercise class will start Monday, July 2, and will be

held Mondays, Wednesdays and Fridays from 9:00 to 10:00 a.m. For more information, call Dianne Hufnagel at (661) 831-5562.

For both classes, beginners are welcome, and participants need only bring a bathing suit because everything else is furnished.

#### Kern City Community Church

### **Showing Kindness**

The 1992 Olympics are now history, but while they were in progress, we remembered the story of Henry Pearce of Australia, who was competing in the single scull rowing event at the 1928 Olympics. He was leading when a duck and her string of ducklings came into view up ahead. They were on a collision course and Pearce reckoned that his scull would cut the string in two and sink a few ducklings in the process, so he pulled in his oars. When the ducks passed, Pearce again bent his back to the task.

There's a happy ending to the story. Pearce won. Usually, acts of sportsmanship result in defeat. Remember Leo Durocher's pronouncement, "Nice guys finish last"? It happened a couple of years ago in the marathon tandem kayak racing event at the world championships in Copenhagen. Danish paddlers were leading when their rudder was damaged in a portage. British paddlers, who were in second place, stopped to help the Danes fix it. The Danes went on to defeat the British by one second in an event that lasted nearly three hours. But there's a happy ending to this story, too.

According to The Wall Street Journal, the British kayakers won what many people regard as the highest honor in sports. They became the winner of the Pierre de Coubertin International Fair Play Trophy. The trophy is named for the founder of the modern Olympic Games, and it has been awarded annually for the past 28 years to people in sports who have demonstrated nobility of spirit.

It is big news in Europe, but it has not been given

much recognition in the United States. In the past, the trophy has gone to a Hungarian tennis player who pleaded with officials to give his opponent more time to recover from a cramp, and to a high school basketball coach who forfeited the Georgia (US) state championship after he found out that one of his players was scholastically ineligible. The first trophy went to an Italian bobsledder named Eugenio Monti for a gesture that exhibited a touch of class. In the two-man bobsled event at the 1964 Innsbruck Olympics, Monti was the leader after his final run. The only one given a chance to beat him was Tony Nash of Great Britain. As Nash and his teammate got ready for their final run, they discovered that a critical bolt on their sled had snapped at the last moment. Monti was informed of the problem and immediately took the corresponding bolt from his own sled and sent it up to Nash. Nash fixed his sled, came hurtling down the course to set a record and won the gold medal. (Bits & Pieces, October 15, 1992, pp. 4-6.)

The Apostle Paul wrote to the believers in Ephesus in Eph. 4:32, "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Forgiveness and kindness go a long way within a community.

I would like to give a kind invitation to join us at Kern City Community Church that meets every Sunday in the Town Hall at 9:30 a.m.

Pastor Tim Zemanek

#### **Church Schedule**

- 8-3 Communion Sunday
- 8-10 Message and music
- 8-17 Social hour 8:30-9:30am coffee & donuts, Regular worship at 9:30am
- 8-21 Men's monthly lunch at the 19th Hole, 11am
- 8-24 Message with music
- 8-31 Special guest speaker Renee Vinson. She is an ordained minister at Canyon Hills Assembly of God.



\*No KC Church lunch in August \*Board meeting will be "off site"

### LIVE MUSIC

#### Continued from page 1

Residents must make reservations by calling the office at (661) 831-2035 or dropping in the office Monday through Friday between 9:00 a.m. and 2:00 p.m.

There is also another sweepstakes drawing for \$100 this month from the Social Club. Just visit the Library and drop your name in the sweepstakes box.

And don't forget to visit Kern City Apartments Inc.'s Vendor Expo on Saturday, Aug. 23, from 10:00 a.m. to 12 noon. The vendors will be the types of businesses that homeowners typically need for plumbing, roofing, handymen, etc. plus a Veterans Affairs representative.

### **CANDIDATES**

#### Continued from page 1

out in late September and the voting results will be announced at the Annual Meeting on Tuesday, Nov. 11, 2025.

There will also be a Candidates Night in early October so members can hear from those running for director. Watch the Klarion for the date.

Directors whose terms are expiring this year are Kelley Lee, Brad Seymour, Darryl Slavin and Jill Wolf.

The office is open Monday through Friday from 9:00 a.m. to 2:00 p.m. except holidays. No applications will be accepted after 12:00 p.m. on Friday, Aug. 29, 2025.

### **Opportunities**

### ARE YOU INTERESTED IN A CHILI COOK OFF?

What about a Sip and Stroll? The Social Club will have a hot dog lunch on Sunday, Oct. 5. We'll have a chili cook off at that time if enough people are interested. If this sounds fun or you'd like to enter your chili, text Terry Wiersum at (661) 340-0689. See the insert in this issue.

There are a lot of talented people in Kern City who like to create things. If you would like to see what people create, or display your own endeavors, the Social Club will hold a Sip & Stroll to show them off if there is enough interest. Nothing will be sold. If interested, call Debbie at 209-535-4029.

AMERICAN LEGION INVITES YOU -- Member Steven Smalley wants residents to know that the American Legion Post 26 serves some great dinners, and our residents, especially veterans, are welcome to enjoy them. The Aug. 8th meal is a grilled New York Steak or a bourbon glazed salmon, with a baked potato, vegetables, garlic toast and dessert for \$20. The Aug. 22nd dinner is oven-fried chicken or grilled thick cut pork chops, mashed potatoes and gravy, and brownie a la mode for \$18. Reservations must be made between 9:00 a.m. and 1:00 p.m. on the Wednesday before the dinner which will be served at 6:00 p.m. and the bar will be open. The phone number is (661) 324-9453 and the address is 2020 H St.

#### Sundale Country Club Events - Be Our Guest! 6218 Sundale Ave. Bakersfield 93309 (661) 324-6561

**Jazz Night** -- Every Tuesday night is an evening of music, fun, great dinner specials.

6:30PM Workshop, 7:30PM Featured performance, and 8:30PM Jam Session. Open to all, no charge.
BakersfieldJazzWorkshop.org 8/5-The Akoustiks-Jazz/
Latin Fusion; 8/12-Foster Campbell and Friends (Large Band) - R&B; 8/19-Special Clinic/Concert featuring world famous Jazz Accordionist--Cory Pesaturo; 6:30-7:30pm-Clinic; 7:30-8:15pm Cory meet and greet, 8:15-9:30pm-Concert performance. Please visit: Cpezmusic.com 8/26-The Scully Family Band

#### The 19th Hole Grill

**Early Bird Dinner, Aug. 22, 4-6PM** Hawaiian Dinner: Teriyaki Chicken with Pineapple, White Rice, Macaroni Salad, and Sweet Roll. \$15.95 for reservations made by Aug. 21, and \$17.95 after.

19th Hole Daily Specials: Taco Tuesdays are now even better, with more choices, 10AM -2PM, enjoy 3 tacos and a Margarita for only \$12.

Thursdays, we bring out the BBQ from 11AM-2PM. (Call ahead, we sell out every week!)

Friday is fish Friday with Fish & Chips, Fish Taco, or Fish Sandwich Specials and the very best Clam Chowder. Saturday and Sunday, Pizza & Beer special. Get a personal size pizza with a choice of toppings and a draft beer or fountain drink for only \$14.

### Phoenix Dining Room (upstairs) Open to all, 11AM-8PM Tuesday- Friday, 5-8PM Saturday.

Wine Wednesday: Free first glass of select wine for members\* and half price for first glass of wine for non-members\*

Thirsty Thursday: 1/2 off select bottles of wine for members\* and 1/3 off select bottles of wine for non-members\*



### The Stages of Alzheimer's

Editor's note: The Alzheimer's Association provided the following information to help residents identify what a loved one might be experiencing with their health. The association also offers a 24/7 Helpline at 800.272.3900.

Alzheimer's disease typically progresses in three stages: early, middle and late (sometimes referred to as mild, moderate and severe in a medical context). However, Alzheimer's affects people in different ways, and each person may experience dementia symptoms — or progress through the stages — differently. Early Stage Alzheimer's, Mild

A person may function independently at this

stage. They may still drive, work and socialize. However, the person may experience memory lapses, such as forgetting familiar words or the location of everyday objects.

Symptoms may not be widely apparent at this stage, but family and close friends may take notice and a doctor would be able to identify symptoms using certain diagnostic tools. Some people with early-stage Alzheimer's may be eligible to receive U.S. Food and Drug Administration-approved treatments that can change the course of disease progression. Middle Stage, Moderate

Typically the longest stage, middle-stage Alzheimer's can last for many years. As the

disease progresses and the symptoms become more pronounced, the person living with Alzheimer's will require a greater level of care. Damage to nerve cells in the brain can also make it difficult for the person to express thoughts and perform routine tasks without assistance.

In this stage, the person living with Alzheimer's can still participate in daily activities with assistance.

Late Stage Alzheimer's, Severe

In the final stage of the disease, dementia symptoms are severe. Individuals lose the

Continued on page 14

### **MINUTES**

#### Continued from page 4

b. Action on Pool Leveler Purchase -- President Seymour stated the office has already bought a pool leveling system that is wireless for the pool and would like the Board's approval. Currently the water level is checked by either him, the pool maintenance person, or a member. The water has dropped at times, and it is important that all the plaster, including on the steps, remain underwater to keep the warranty valid. This water leveling system will sense the water level seven times a day and will automatically fill the pool as needed. The cost of the leveler is \$1,384.52 with a \$10 monthly charge. Director Tyner made a motion to approve the purchase of the pool leveler. Vote: Passed, unanimous.

c. Action on Elections Inspector, Candidate Window – President Seymour proposed that Linda Wong be the Inspector of Elections as she held that position last year and is willing to continue in that position. He also asked the Board to vote to close the candidate application window timeline on Aug. 29 at noon. Applications can be picked up in the office. Director Lee made a motion to accept Linda Wong as the Inspector of Elections and the window to submit application to close on Aug. 29 at noon. Vote: Passed, unanimous.

d. Action of Adding Mobile Pickleball Court - Director Lee stated she had broken down the cost for a removeable net and getting the court ready for pickleball. She proposed putting the court by the stage on the patio behind the Town Hall. There is room for two courts there but we'll only get a net for one court to start. The cost will be: \$56.48 for the concrete patch, \$560 for court paint, \$64.88 for court lines, \$245.56 for the court net (on wheels). The total cost would be \$926.92. Director Tyner made a motion to start a pickleball court and spend the money to get the court ready and for the net. Vote: Passed, unanimous.

#### VIII. DIRECTORS FORUM:

Director Tyner suggested members meet their neighbors and talk with them, especially if there are issues, and to be respectful and kind to each other and use common sense.

#### IX. AUDIENCE:

Social Club: Terry Wiersum, President of the Social Club stated there were 95 people at the July 4<sup>th</sup> breakfast. On Sunday from 12:30 to 2:30 p.m., the Social Club will sell hotdogs and the Town Hall will be open to avoid the heat. The Let's Color group meets on July 18 and all are welcome. She encouraged members to come into the Library in July and August to sign up to win \$100. All residents are eligible but must fill out an entry form in the Library.

Members: An audience member reported there is no water in the showers. President Seymour said he would look into it. Another member questioned the court repair for the pickleball court. Director Lee stated the uneven areas of the court will be patched. Another member asked if the bench in front of the Town Hall could be painted. President Seymour suggested residents step forward and offer to fix things as appropriate as this saves the association money. Another resident asked about the

feral cats. President Seymour stated the cat committee will trap cats again and take them to Critters without Litters for neutering. He reminded residents they need to handle the animal problems at their homes and not just rely on board members. He stated there is still the issue of some residents who keep feeding feral cats. A resident asked about the homeless breaking into empty homes. President Seymour says it still happens occasionally and encouraged residents to call the police when they see someone around an empty house. President Seymour said the Walla Reserve Study should be completed next week.

X. ADJOURNMENT – President Seymour adjourned the meeting at 9:52 a.m. The next meeting will be on August 12, at 8:00 a.m.

Respectfully submitted,

Donna Tyner, Secretary-Treasurer

Attendance: 32 (includes 7 directors, manager and 24 members)

### **ALZHEIMER'S**

#### Continued from page 13

ability to respond to their environment, to carry on a conversation and, eventually, to control movement. They may still say words or phrases, but communicating pain becomes difficult. As memory and cognitive skills continue to worsen, significant personality changes may take place, requiring individuals to need extensive care.

While someone living with Alzheimer's may not be able to initiate much engagement during the late stage, they can still benefit from interaction in ways that are appropriate, like listening to relaxing music or receiving reassurance through gentle touch.

We want you to have all the facts on Alzheimer's and all other dementia. The Alzheimer's Association provides education and resources on everything around the science of Alzheimer's, in addition to our work accelerating research and providing care and support. You can find more at alz.org.

If you or your family needs support, the Alzheimer's Association is here for you. For more resources and information on care and support, visit alz. org/Help-Support or call the free 24/7 Helpline at 800.272.3900.

### **Neighborhood Watch**

A car on Pebble Beach Drive was broken into on July 4th. Fortunately, the owner kept very little in the car.

We had reports about a man going into people's backyards and looking into windows. One resident called police. He was seen on River Oaks and on Hogan.

Remember, that the police said to call them when a suspicious person is seen and always when a crime has been committed. The non-emergency number is (661) 327-7111 and the emergency-only number is 9-1-1.

### **CLASSIFIEDS**

Advertisers, please note.

1 - If you want your ad to run more than one month, you must notify the office by the 15th of the month prior to each month you want it to run.

2 – Please provide us with your ad in writing with your name, address and phone number. You can bring it to the office M-F between 9:00 a.m. and 2:00 p.m., email it to kerncity1003@gmail.com, drop it through the mail slot on the street side of the office or mail it to KCCA, 1003 Pebble Beach Dr., Bakersfield, CA 93309. -- Editor

PLEASE NOTE: All telephone numbers in ads are in area code 661 unless otherwise listed.

#### **FREE**

FREE: A mattress topper from Costco. King size. Call 301-0189.

WANTED

WANTED: A reasonably priced wrought iron patio set. Call 818-522-3162.

WANTED: The need is greater than ever for blankets, food, toys, anything except knits and/or pillows for the animals in the shelters. There is also a need for laundry soap, dog and cat food. Torn items, ragged, stained are all needed. Don't throw away, call Judy Harris at 331-2229 for pick up. Thank you for all of your support of the animals.

WANTED: Any sterling silver items, including coins, any military items, all sporting goods, including old and new golf clubs, all fishing items old and new, old hunting and pocket knives, and antiques. I live in Kern City. 805-828-5089.

FOR SALE

FOR SALE: Adjustable bed base, remote + premium mattress, \$1,000. Selling my brand-new adjustable bed base with remote control plus a high quality mattress. Paid \$1,700, asking \$1,000. (310) 634-6424.

FOR SALE: Buzz Around electric scooter, 2 years old, like new, only used 5 times. \$1,200. Call 303-5299.

FOR SALE: Special order kitchen appliances. Frigidaire Gallery built-in cooktop, 5 burner black glass, used 3 years; Frigidaire Gallery convection wall oven, used less than 2 years; \$1,800 for the set. Call Earl at 951-204-0375 or Kathy at 661-637-9167.

FOR SALE: One white screen door with glass sliders, 80"x36", like new, very attractive \$125. Call 809-3699.

### **CLASSIFIEDS**

#### **SERVICES**

HANDYMAN: Veteran Pro Services, fully insured Kern City resident does painting, electrical, plumbing, carpentry, furniture assembly, light moving, fencing, gates, appliance installation. Contact Frank Contreras for quote at 714-905-2591 or by email at ctrising01@gmail.com.

APPLIANCE REPAIR: I am a Kern City resident with 40 years' experience (31 years at Sears Roebuck) in Appliance Repair. Call me for repair service on washers, dryers, refrigerators, ranges and ovens. Larry Wong @ 364-2640.

LOCKSMITH SERVICE: Locks repaired, locks rekeyed. Buster Beebe, 833-1600.

NAILS: Retired manicurist with 30 years' experience. I do gel-like nails, manicures, pedicures, or simply cut toenails. I can come to you. I'm a Kern City resident. Call me at 904-9396.

HOUSE CLEANING: Resident of Kern City has much cleaning experience and reasonable prices. Call Emma at 304-9388.

AVON: Lots of new products for beauty, health, household and clothing. To buy, sell or get a catalog, call or text Judy Harris at 331-2229.

PROFESSIONAL FURNI-TURE REFINISHING: With 40+ years' experience in refinishing, I offer services including stripping, sanding, repair, staining and sprayed-on finishes. I paint furniture and refinish outdoor wood furniture. Kern City resident Shanna O'Brien, 831-234-5202. POWER WASHING: Reasonable prices. I'm a Kern City resident. Call Steve at 428-6600.

RIDES/OTHER HELP: Resident will give you a ride to the store, doctor appointment, bank, etc. For references and prices, please call Lori at 805-216-9832.

NEED HELP WITH grocery shopping, trips to the doctor, cooked meals? Then I'm your girl. Very experienced. Kern City resident, 904-9396.



We are looking for a CD and radio player or stereo system (any model) to keep at our pool. If you have one in good working order and would like to donate it, please call Director Kelley Lee at (661) 599-9862.





Thank you!

ADRIAN MORENO
PRESIDENT

**CALL/TEXT:** 661-858-7457

EMAIL: AMHAULING ANDJUNKREMOVAL @GMAIL.COM

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