



Kern City Klarion

January 2021

IMPORTANT DATES

- Jan. 1 -- KC Rose Parade, 1:30p
- Jan. 12 -- Board mtg, 9:00a
check meeting location due to COVID-19
- Jan. 12 -- Free flu shots, 10a
using COVID restrictions
- Jan. 18 -- Martin Luther King Day

*We're closed half day on Dec. 31
and all day on Jan. 1 & 18.*

We get letters.....

Petroleum Club update

Editor's note: Despite COVID-19 and some recent thefts at the Sundale Country Club, residents can still enjoy meals from the Petroleum Club and even order from the fine dining menu without being

a member right now. Check out the message below to our residents from Petroleum Club President Dave Plivelich. This is a great chance to experience the club and enjoy delicious food.

Dear Residents,
Happy holidays from the Petroleum Club. As we deal with COVID restrictions changing our game plans from time-to-time,

Continued on page 2

Free tax preparation available to residents

Free tax preparation will be available again for residents starting in February. Mike Bradley, who represents AARP in helping seniors with taxes,

provided the message below. Besides offering help with taxes, residents who would like to volunteer to

Continued on page 5

advice
from the
EXPERTS

Flu shots available for free

Have you received a flu shot yet? If not, and if enough residents want them, Rite Aid will offer

free flu and other shots in the Town Hall on Tuesday, Jan. 12, at 10:00 a.m. Social distancing will be

in place, and a pharmacist will provide the shots for no charge as long as res-

Continued on page 4

President's message

Are your trees in compliance?

Maybe this article should say "Past President's message" because that is what I'll be when this appears in the Klarion. My term was up at the end of December but this was written prior to that.

I just want to thank our members and residents, especially those who follow the rules and are good neighbors, because that is a big part of why Kern City is the beautiful and enjoyable community it is.

Recently there have been some complaints from residents about neighbors' trees. One of the requirements members have -- and agree to -- when they move into a homeowners' association is that they must keep up their properties, including the landscaping.

Part of landscaping includes ensuring that bushes, lawns and trees not only appear in good condition, they must not cause problems for others' properties or for anyone on sidewalks or driving down the street.

To help remind people, I have printed below Kern City's restrictions and the City of Bakersfield's code regarding trees.

Finally, I just want to thank all of you for helping us keep Kern City the fine community it is. I hope to see you around the neighborhood and that you have a wonderful New Year.

Steve Parks

Continued on page 5

Kern City Rose Parade!

January 1, 2021

Meet in parking lot at 1:30 p.m.
All floats welcome! See page 10.



Petroleum Club

continued from page 1

great things are still happening as we continue settling into our new home.

We now have a Food & Beverage cart that was donated by Scott Hacker from Summit Financial. If you know anyone looking for a home loan or a refinance, he'd appreciate the referral. Lori and Kelly Newby, of Newby Rubber, heard about the theft of our fire pit and had a brand new one sent to us. Pair Marotta Physical Therapy donated four patio sets. Tony Ayon from Miramar Real Estate donated our four big screen TVs for the Veranda. A new humidor for cigar sales has been provided by Cigars Mas Fino. Once we are

able to provide official outdoor dining again, we will have more protection from the wind thanks to Domino Plastics and Bakersfield Pipe Supply along with 13 propane heaters to keep you comfortable.

As of this writing, only to-go orders are allowed, and you are welcome to sit outside on the heated Veranda, but we are unable to provide service. We are working on a delivery solution as well. All of our menus and wine list are all on our website or you can drop by the Club to pick up copies. Our new breakfast menu is getting rave reviews and we have weekly dinner specials available for carryout with options ranging from \$17.50 and up.

I welcome you to come and

try the Club as we are open to the public at this time as a membership drive. Our website (PCBTheClub.com) has information if you would like to join Petroleum Club at a significantly reduced rate.

My uncle (a huge Elvis fan) and aunt, numerous Club members, and friends live in Kern City, so I do take personal pride in adding value and a great place to feel at home. If you have any questions or feedback, feel free to call me on my cell phone at 204-8160. We will all get through this together. Stay well and we hope you take advantage of our invitation, and we'll see you at the Club.

Dave Plivelich

President

Petroleum Club at Sundale

Busting myths about COVID- 19 vaccination

www.covid19.ca.gov

- COVID-19 vaccines will not give you COVID-19

COVID-19 vaccination can't cause COVID-19. The goal of the vaccines is to teach our immune systems how to fight the virus that causes COVID-19.

- COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests

Vaccines won't cause you to test positive on viral tests, which are used to see if you have a current infection.

continued on page 4

LORENE'S RANCH HOUSE

Lorene's Coffee Shop • Ming Ave, Bakersfield, CA

Business Hours: Monday-Saturday 6am to 9pm, Sunday 7am to 4pm



Wishing you a Happy New Year!



Lorene's January Coupon

Receive 20% Off the total of your bill.
Cannot be accompanied with other offer.
May use for breakfast, lunch or dinner.
Please present to server before ordering.

Coupon good for 2 people from 1-1-21 to 1-31-21
 Only original coupon copies will be accepted.

Manager's Report

Annual assessment

We mailed each member an invoice for the annual assessment in late November, and the payment is due no later than Jan. 15, 2021. People who want to pay monthly can make arrangements with the office but must do so and pay at least \$25 before Jan. 16 when a 10 percent late fee will kick in.

At this time of year we occasionally are asked what the annual assessment covers. Here it is:
Assessments are to (a) maintain the common areas, (b) fund the reserves for maintaining the common areas, (c) insure the common areas (per statute and the CC&Rs), and (d) enforce the governing documents.

Condo Fire

In November there was a fire in a condo on Sundale. Member Laurie Silvius let us know that she is okay and she wanted to thank all those who have helped and prayed for her. Laurie said the fire was an electrical one and she wanted to share some information with the community in hopes that others won't experience what she has.

"My neighbors were so great, and so were the Red Cross and the Fire Department," she said. "When I saw smoke, I ran outside and a golfer was kind enough to call the Fire Department for me because I didn't have my phone. The firemen arrived within five minutes.

"The good that came out of this was the kindness I was shown plus I learned some things to do to be smarter in the future, and I'd like to share those.

"First, if you have important documents at home, keep them in a fire-proof safety box and/or keep a copy in another location," she said.

"Also, make a list of your medications and keep that list in your car or purse.

"If you have a cell phone, put your emergency contacts in it under "ICE." That stands for "In case emergency," and emergency responders know to look for your information under that. I have family names and phone numbers as emergency contacts there."

Laurie shared some other tips which are from the Red Cross, and you can find those on page 7.

Laurie, directors and staff wish you all a wonderful and COVID-free New Year!

Jill Foley

2021

HAPPY NEW YEAR

Whatever you call the year 2020 --

The Year of the Plague,

The Year of the Mask or ...? --

**Directors and staff wish that 2021
will be for all residents and
members a Year of Health, Safety,
Peace, Joy and Faith! In other words,
we all hope you have a very differ-
ent and awesome New Year!**

Welcome Newcomers

Residents, please update your Kern City directory to include the new-comer below. If you are new and want your name and information listed but haven't seen it, please call or drop a note to the office (1003 Pebble Beach Dr., 831-2035). All phone numbers are area code 661 unless otherwise listed.

**Ronald Melbihess
& Alla Semchak**

**1120 Pebble Beach 714-400-4680
661-369-9836**

Condolences

The Board of Directors and staff of the Kern City Civic Association offer their thoughts and prayers to the family and loved ones of the members here who passed away recently:

Roger Cormier, Marlene Johnson, Linda Hill

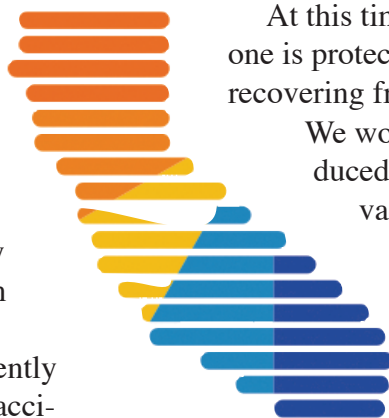
COVID-19 Vaccine

continued from page 2

If your body develops an immune response, which is the goal of vaccination, there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a previous infection and that you may have some level of protection against the virus. Experts are currently looking at how COVID-19 vaccination may affect antibody testing results.

- People who have gotten sick with COVID-19 may still benefit from getting vaccinated

People are advised to get a COVID-19 vaccine even if they have been sick with COVID-19 before. This is due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible.



At this time, we do not know how long someone is protected from getting sick again after recovering from COVID-19.

We won't know how long immunity produced by vaccination lasts until we have a vaccine and more data on how well it works.

- Vaccination can help prevent getting sick with COVID-19

While many people with COVID-19 have

only a mild illness, others may get a severe illness or even die. There is no way to know how COVID-19 will

Vaccinate ALL 58

Together we can end the pandemic

affect you, even if you are not at increased risk of severe complications. COVID-19 vaccination helps protect you without having to get the disease.

Flu Shot

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idents have medical insurance. Available shots include flu, pneumonia and shingles.

To receive the shots, residents must call the Kern City office at 831-2035 to reserve a space and must bring their insurance card. On the day the pharmacist visits, they will also just have to complete a short form.



Long time Broker, Jim Dandy, has retired. Please join us in wishing him well!

Kelly Real Estate is relocating to the Kelly Management Office, open 8-5 daily!

Your full-time Real Estate Broker, Brian Dandy, assisted by Ann Dandy will assist you with sales and rental management experience!

Stop by the new office and pick up your 2020 Calendar!

Kelly Real Estate
Located just a 1/2 mile away at
5555 California Ave. #220
661.831.4770

DRE #
2014506

DRE #
885099



Kern City Klarion

KERN CITY OFFICE HOURS:

9 a.m. to 2 p.m. Monday through Friday
Closed holidays

BOARD OF DIRECTORS

Buster Beebe, Joe Newton, Steve Parks, Kyle Ray,
Jolene Simons, Donna Tyner and Carol Ann Toms

OFFICERS

President: Steve Parks
Vice President: Joe Newton
Secretary-Treasurer: Donna Tyner

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Lynda Watkins - 661-333-6453

President’s message

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Restrictions, rules re: trees

The Kern City Declaration of Restrictions addresses trees in Section 1,H,14 which reads: Property Maintenance.

A. Except to the extent that the Association shall be obligated to maintain and repair as may be provided in this Declaration, every Owner shall be responsible for the following maintenance and repair: Each Owner shall be responsible for maintaining those portions of the exterior of his or her lot which are visible from the street on which lot adjoins, as well as those portions of the exterior of his or her lot which are visible to the golf course, including but not limited to the walls, fences and roof of all structures on said lot, in neat, clean, attractive and safe condition and repair. Each Owner shall maintain all

improvements on such Owner’s lot in a neat, clean, attractive and safe condition. Without limiting the generality of the forgoing, each Owner shall (1) keep Owner’s lot free from litter and noxious weeds; (2) maintain, cultivate and keep in good condition and repair all lawns, plants and other landscaping; (3) and trim all trees, shrubs or planting of any kind. Such maintenance shall comply with applicable City and County ordinances.

In addition, the Bakersfield Municipal Code, Section 12.40.090, reads:

Duty of private owners—Removal of hazardous trees—Charging costs of work done by city.

A. It shall be the duty of every person, firm or corporation having charge or control of any lot or premises, either as owner, agent, lessee, tenant or otherwise, to trim or cause to be trimmed, or remove or cause to be removed, all trees, shrubs or plants or any part or parts thereof, growing or standing



on said property, which may constitute a hazard or an impediment to the progress or vision of anyone traveling on any street or public place.

B. Whenever it comes to the attention of the director that any tree, shrub or plant growing or standing on any private property constitutes a hazard or an impediment to the progress or vision of anyone traveling on any street or public place, he or she shall give notice of such hazard or impediment to the owner or occupant of said premises together with a

request to remove or correct such condition. Such notice and request may be given either by personal service or by mail, to the owner or occupant or other person in charge or control of said premises, or by posting notice upon said property and mailing a copy thereof to the owner or occupant. The owner or occupant of said premises shall, within ten days after the service or posting and mailing of said notice, remove or cause to be removed, such hazardous or impeditive condition.

Tax help

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help with the TaxAide program can call him at 661-302-1875.

According to Bradley, this year AARP in California will not be able to offer the traditional method of preparing taxes where the client comes to a site and their taxes are prepared while they wait. The COVID 19 restrictions are preventing that. Instead AARP TaxAide and the IRS have established a new model.

He explained, “Our Bakersfield area will use what AARP calls the Scanning Model. Taxpayers will meet in-person with a certified

AARP volunteer who will scan their documentation. The taxpayer will then leave and the return will be entered, reviewed and printed by separate volunteers working from their homes, on certified AARP computers. The taxpayer will then meet, for a second time, with a volunteer who will review the return with them, answer any questions and send them on their way. The return will then be e-filed after the taxpayer has given permission to do so. If the taxpayers prefer, they have the option of mailing the return, although this will slow down the refund process, especially this year when COVID-19 is impacting the IRS’s ability to staff their offices. The new model should be faster and more convenient for the taxpayer

than in the past because they will not need to be present during the preparation and review process.”

Appointments will need to be made because the windows of time to meet with taxpayers will be short. Call 661-302-1875 to make an appointment.

“Beginning after the new year we will also be able to process and file 2019 Tax Year returns if they have not yet been filed,” he added.

“AARP volunteers look forward to serving the Kern City community this year.”

Mike Bradley, AARP representative

KERN CITY BOARD MINUTES

Due to the very high number of COVID-19 cases and Governor Newsom's order about gatherings last month, no board meeting

was held.

Directors plan a board meeting on Tuesday, Jan. 12, at 9:00 a.m. It will probably be by teleconference call.

On Jan. 11, please check the Library bulletin board, the glass case on the east side of the Town Hall, the office (open Monday through

Friday between 9:00 a.m. to 2:00 p.m.) or Next Door for how to participate in the January meeting.

NEIGHBORHOOD WATCH

Residents, be vigilant! Thieves are out and about and are targeting seniors. The thieves are driving, walking or biking by properties looking for the opportunity to steal. Probably the most targeted opportunity is an open garage door. Even though our community is safer than many around town, we recommend that you do two things to stay safe:

First, this is the time to ask for help if you need it to secure your property. Ask a family member, friend, neighbor or handyman to ensure your doors and windows have good locks and are secure. Also, consider putting up motion sensor lights and maybe one or more cameras.

Second, close and lock house and garage doors, gates, and vehicle doors and windows even if you are just going into your backyard for a minute.

We learned of a theft at one property last month that was definitely an opportunity crime. The theft occurred the day after the big wind storm. The owner opened his garage door to get his blower and took it into the backyard to clean up the leaves.

Someone in a light-colored crew cab truck drove by and saw the open garage door. The thief or thieves jumped out and ran into the garage, went through both vehicles inside and stole a bench grinder and a set of golf clubs.

The owner asked that residents be reminded to



keep their garage door closed when they are not inside it. Even if you just want to leave it for a few minutes, it only took thieves about two minutes to steal his things. And that is costly if you have a big deductible on your insurance. So be wise and close and lock doors!

Also, a golf cart was stolen last month. It had at least one flat tire but one or more thieves were able to spirit it away!

Here's an idea: Consider making one of your New Year's resolutions to be more safety conscious! Let's make 2021 a year of recovery and prevention.

Here's an idea for safety!

Member Jim McDonald had an idea to help keep properties safe and how to hide a key to a house so residents can get help if need be.

McDonald said he uses a Vault Lock that needs a combination of four numbers to open it. It holds one or more keys.

A fireman recommended that type of lock to him and said if there's an emergency the fire department or other emergency agency can get in. The way it works is that the person calling 911 tells the 911 operator the code to open the lock. Later the code can be changed at any time.

To learn more, residents can Google that type of lock for more information or call McDonald at 833-8354.

***We're closed half day on December 31
and all day on January 1 & 18.***

Fire safety Being prepared prevents more than forest fires

There were two major fires at Kern City properties last year. The following fire prevention information is courtesy of the Red Cross. -- Editor

Tips to prevent fires

- ☐ Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas.
- ☐ Test smoke alarms every month.
- ☐ Talk with all family members about a fire escape plan and practice the plan twice a year.
- ☐ Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas. Test them every month and replace the batteries at least once a year.
- ☐ Talk with all household members about a fire escape plan and practice the plan twice a year.

Steps You Can Take Now

- ☐ Keep items that can catch on fire at least three feet away from anything that get shot, such as space heaters.
- ☐ Never smoke in bed.
- ☐ Talk to children regularly about the dangers of fire, matches and lighters and keep them out of reach.
- ☐ Turn portable heaters off when you leave the room or go to sleep.

Cooking Safely

- ☐ Stay in the kitchen when frying, grilling or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- ☐ Stay in the home while simmering, baking, roasting or boiling food. Check it regularly and use a timer to remind you that food is cooking.
- ☐ Keep anything that can catch fire—like potholders, towels, plastic and clothing—away from the stove.
- ☐ Keep pets off cooking surfaces and countertops to prevent them from knocking things onto the burner.

Caution: Carbon Monoxide Kills

- ☐ Install carbon monoxide alarms in central locations on every level of your home and outside sleeping areas.
- ☐ If the carbon monoxide alarm sounds, move quickly to a fresh air location outdoors or by an open window or door.
- ☐ Never use a generator, grill, camp stove or other gasoline, propane, natural gas or charcoal-burning devices inside a home, garage, basement, crawlspace or any partially enclosed area.

Smoke Alarms

- ☐ Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas.
- ☐ Teach children what smoke alarms sound like and what to do when they hear one.
- ☐ Once a month check whether each alarm in the home is working properly by pushing the test button.
- ☐ Replace batteries in smoke alarms at least once a year. Immediately install a new battery if an alarm chirps, warning the battery is low.
- ☐ Smoke alarms should be replaced every 10 years. Never disable smoke or carbon monoxide alarms.
- ☐ Carbon monoxide alarms are not substitutes for smoke alarms. Know the difference between the sound of smoke alarms and carbon monoxide alarms.

Planning to escape

- ☐ Ensure that all household members know two ways to escape from every room of your home.
- ☐ Make sure everyone knows where to meet outside in case of fire.
- ☐ Practice escaping from your home at least twice a year and at different times of the day. Practice waking up to smoke alarms, low crawling and meeting outside.

Make sure everyone knows how to call 9-1-1

- ☐ Teach household members to STOP, DROP and ROLL if their clothes should catch on fire.

Follow Your Escape Plan! Remember to GET OUT, STAY OUT and CALL 9-1-1 or your local emergency phone number.

- ☐ If closed doors or handles are warm, use your second way out. Never open doors that are warm to the touch.
- ☐ Crawl low under smoke.
- ☐ Go to your outside meeting place and then call for help.
- ☐ If smoke, heat or flames block your exit routes, stay in the room with doors closed. Place a wet towel under the door and call the fire department or 9-1-1. Open a window and wave a brightly colored cloth or flashlight to signal for help.

Use Caution with Fire Extinguishers

- ☐ Use a portable fire extinguisher ONLY if you have been trained by the fire department and in the following conditions:

- The fire is confined to a small area, and is not growing.
 - The room is not filled with smoke.
- Everyone has exited the building.
- The fire department has been called.
- ☐ Remember the word PASS when using a fire extinguisher.
 - Pull the pin and hold the extinguisher with the nozzle pointing away from you.
 - Aim low. Point the extinguisher at the base of the fire.
 - Squeeze the lever slowly and evenly.
 - Sweep the nozzle from side to side.

If a fire occurs

- ☐ If a fire occurs in your home, GET OUT, STAY OUT and CALL FOR HELP.

Let your loved ones know you're safe.

If you experience a home fire or any disaster, register on the American Red Cross Safe and Well Web site available through Red Cross.org to let your family and friends know about your welfare. If you don't have Internet access, call 1-866-GET-INFO to register yourself and your family.

Library News



Hope everyone had a good Christmas or whatever holiday you may celebrate. Time for a new year and a new outlook. Wishing all of you a happy and healthy New Year.

We have cards, calendars and gift bags for purchase, with a new supply regularly. Take a look! There is also a new puzzle starting on a regular basis and everyone is invited to lend a hand.

CAMINO WINDS, a 2020 release authored by John Grisham, is my first offering. When a hurricane and a contract killer both make landfall on Camino Island, there's plenty of trouble in paradise.

EVER AFTER, New York Times bestselling author Jude Deveraux's eagerly awaited third novel in her blockbuster Nantucket Brides trilogy continues the spellbinding saga

of the Montgomery-Taggerts, set on an island steeped in beauty and unforgettable romance.

Happy Reading!

Donna Tyner

JANUARY ADDITIONS & DONATIONS

DVDs

Black Swan	Natalie Portman/ Vincint Cassel
Blandings	Timothy Spall/Jennifer Saunders
Delicious	Dawn French/Emilia Fox

AUDIO – BOOKS ON CD

O'Reilly, Bill	Killing the Rising Sun 8 CDs
O'Farrell, Maggie	The Vanishing Act of Esme Lennox 6 CDs

BOOKS:

M = Mystery LP = Large Print ** = Christian Novels
NF = Non-Fiction N = Novel ML = Military

N	Deveraux, Jude	Ever After
N	Owens, Delia	Where The Crawdads Sing
N	Ryan, Jennifer	The Chilbury Ladies Choir
N	Shalvis, Jill	About that kiss
M	Evanovich, Janet	The Job
M	Green, Tim	Kingdom Come
M	Grisham, John	Camino Winds
M	Patterson, James	Criss Cross
NF	McCourt, Frank	'tis
NF	Giffords, Gabrielle	Gabby
LP	Brown, Sandra	Hello, darkness
**	Karon, Jan	Shepherds Abiding
**	Kingsbury, Karen	Divine

Completed Puzzle



Beautiful new calendars, cards for sale in Library

Looking for a great deal? If you need a 2021 calendar, you can find a great selection for just 25 cents a calendar. Or you can buy new cards for almost any occasion for 10 cents. These bargains can be found in the Kern City Library.

Because the Library only has one or two people at a time, it is open Monday through

Friday from 9:00 a.m. to 3:30 p.m.

Please wear a mask and practice social distancing.





The trees were decorated in paper snowflakes for the parade.

Kern City Rose Parade!

January 1, 2021

Meet in parking lot at 1:30 p.m.

All floats welcome!

See page 10.



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& COMPOUNDING PHARMACY**

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Around Kern City

We love parades!!

The Kern City Holiday parade on Dec. 12th was a cloudy, damp, and chilly day but with snowflakes hung in the trees and a visit from Mr. and Mrs. Claus, Kern City residents enjoyed sharing their beautifully decorated carts and getting together.

I'd like to thank all of you who participated and apologize that the parade route was cut short because of the weather.

I'll look forward to welcoming in the 2021 NEW YEAR with a KERN CITY ROSE PARADE on Jan. 1, 2021 at 1:30 p.m. in the south parking lot. Please join us and bring in the new year Kern City style! HAPPY NEW YEAR EVERYONE!!

Carol Ann Toms



Golf carts were all lined up and ready to go.



The parades are not just for golf carts. Joe and May Cooper rode other wheels.



Good sports Carol Ann Toms and Richard Thiel dressed as the Thanksgiving Turkey and Santa respectively so residents could take photos with them. Caroline Thiel was Mrs. Claus.

Around Kern City



Debbie Evans, Wendy Amerine and Doug Abbott love the parades.



Danny and Suzanne Rios



Don Coons and friend Micky bundled up for the cold day.



With the large bow on his bike, Scott Ford looks like a Christmas gift. And he is! The president of the Social Club is always working to bring fun activities to Kern City. Just wait until this COVID is over!



Sharon Parks and daughter-in-law Misty joined the fun.



No one likes to decorate a golf cart more than Steve Parks! A reindeer hitched a ride on this one.



Don and Christine Stahl brought sweet Frankie along.



California Phones
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The various types of glaucoma and their symptoms

Eyesight is important but easily taken for granted. Few people can imagine life without their eyesight, but hundreds of millions of people across the globe experience compromised vision every year.

According to the Centers for Disease Control and Prevention, glaucoma is the second leading cause of blindness worldwide. In fact, estimates from the World Glaucoma Association indicated that 79.6 million individuals would experience glaucoma in 2020. By 2040, that figure is expected to rise to 111.8 million people.

What is glaucoma?

Glaucoma is a disease that damages the optic nerve. According to the American Academy of Ophthalmology®, glaucoma usually results from the buildup of fluid in the front part of the eye. As that fluid builds up, it increases the pressure in the eye, ultimately damaging the optic nerve.

Are all glaucomas the same?

All glaucomas are not the same, and the AAO notes that there are two major types of the disease: primary open-angle glaucoma and angle-closure glaucoma.

- **Primary open-angle glaucoma:** The most common type of the disease, primary open-angle glaucoma develops gradually. Eyes affected by primary open-angle glaucoma do not drain fluid as well as they should, resulting in the buildup of pressure that slowly starts to damage the optic nerve.
- **Angle-closure glaucoma:** Angle-closure glaucoma occurs when a person's iris is very close to the drainage angle in his or her eye. The AAO says that this proximity can block the drainage angle, causing pressure to build up very quickly. However, the AAO also notes that many people with angle-closure glaucoma

develop it very slowly and have no idea they have it until they've suffered severe damage.

What are the symptoms of glaucoma?

The symptoms of glaucoma differ depending on which type a person has. According to the AAO, there are no obvious symptoms in the early stages of open-angle glaucoma. Blind spots develop in patients' peripheral vision as the disease progresses. Because people often do not experience symptoms until the damage from open-angle glaucoma has become severe, the AAO urges adults to schedule routine eye exams with an ophthalmologist so the disease can be found before any significant damage has occurred. Blurred vision, halos, mild headaches, or eye pain are some early symptoms of an angle-closure glaucoma attack. However, the AAO

notes that people with angle-closure glaucoma do not typically notice any symptoms until the attack has started. As a result, the AAO urges anyone experiencing any of the aforementioned symptoms to contact their ophthalmologist immediately. Once an angle-closure glaucoma attack has begun, symptoms may include:

- severe pain in the eye or forehead
- redness of the eye
- decreased vision or blurred vision
- nausea
- vomiting

No one is immune to glaucoma, which can quickly rob otherwise healthy individuals of their vision. Learning to recognize the early signs of glaucoma and seeking prompt treatment can reduce the likelihood of substantial vision loss.



A MOMENT WITH PASTORS AL & BARBARA

It is hard to believe that 2020 is over! 2021 is now here and we have a whole year to do whatever we have chosen to do. The Bible tells us in *Revelation 21:5* from the New Living Translation, And the one sitting on the throne said, "Look, I am making everything new!" And then he said to me, "Write this down, for what I tell you is trustworthy and true."

The one sitting on the throne is God, our Father, the creator of all things. He says that He is making all things new. This is a future event that is being spoken about here but we believe this verse of scripture can apply to us as we navigate our way through this new year.

There are a number of things that become new in our lives. We are kind of trapped right now by all the COVID-19 restrictions that are in place but new things always start within us. We can start thinking differently.

We have all been pretty much told this past year what to do, how to do it and what to think. We are all individuals. God made us each in a very special way so as to make us different. We are not taking sides on all the debates going on about masks, social distancing and staying at home, but we are saying that we can all have a new outlook this year.

Paul the Apostle tells us in *Philippians 3:13* from the New Living Translation *No, dear brothers and sisters, I have not achieved it but I focus on this one thing: Forgetting the past and looking forward to what lies ahead.* So, let's all change our mindset, dream some new dreams and make 2021 the best year we have ever had.

Now we think a good laugh is in order after such a hard year the last one was.

Some artists from the 50's are revising their hits with new lyrics to accommodate today's

seniors. Here are a few:

Herman's Hermits - Mrs. Brown you've got a lovely walker

The Bee Gees - How can you mend a broken hip

Bobby Darin - Splish Splash I was having a flash

Ringo Starr - I'll get by with a little help from Depends

The Commodores - Once, twice, three times in the bathroom

Marvin Gaye - Heard it from the Grape Nuts

Lee Sayer- You make me feel like napping

Willie Nelson- On the commode again

Procol Harum- A whiter shade of hair

10. Johnny Nash- I can't see clearly now

11. Helen Reddy- I am woman hear me snore

12. Abba- Denture Queen

Have a great year!

Pastors Al and Barbara Rountree



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2 - Please provide us with your ad in writing with your name, address and phone number. You can bring it to the office M-F between 9:00 a.m. and 2:00 p.m., email it to kerncity1003@gmail.com, drop it through the mail slot on the street side of the office or mail it to KCCA, 1003 Pebble Beach Dr., Bakersfield, CA 93309. -- Editor

All telephone numbers in ads are in area code 661 unless otherwise listed.

FREE

FREE: Electric range top and oven. See Jack and Joy Wood at 5908 Burke Way, 364-4380.

FREE: White Crib/Toddler bed combo with or without the mattress and girl and boy bedding. Take all or just what is needed. Please call 397-7672 and leave a message if no answer and we will call you back.

WANTED

WANTED: Need dog sitter. Call Debbie at 699-9869.

WANTED: Thanks to everyone for the support of the animal shelters with all of the donations in 2020. While in lockdown, there was a lot of house cleaning being done and the animals were the recipients of the "throwaways." If you have any items, no matter how ragged or holey, call Judy Harris @ 831-7613 or email ibejudyh@sbcglobal.net, or text 331-2229 for pickup. Leave a message. Have a happy and blessed 2021.

WANTED: Electric treadmill in excellent condition and reasonable price. Call Juanita at 319-270-1228.

WANTED: Old PHONOGRAPH RECORDS, any size. Call Bonnie, 398-3004. Will pick up.

WANTED: Schwinn Airdyne stationary bike. Excellent condition and reasonable price. Call Juanita at 319-270-1228.

WANTED: Cold season is here. The shelters are in need of blankets to keep the animals warm. For pickup, call Judy Harris at 831-7613 or text 331-2229.

WANTED: All sporting goods, including old and new golf clubs, all fishing items old and new, old knives, and antiques. I live in Kern City. 397-0234.

FOR SALE

FOR SALE: 2 burial plots at Greenlawn on River Blvd., Fountain by the Chimes section, \$6,000 firm. Leaving must sell. Will pay for transfer. 412-7466, leave message.

FOR SALE: Oak coffee table like new was \$300, now \$150; 2 oak round side tables, like new, was \$250 for the pair new, now \$125 (all 3 match if you want the full set). I can text email you a pix of all. Email is trek66@gmail.com or text 661-747-4647.

FOR SALE: 2 new throw blankets, one with Christmas design, very pretty, \$10 each. Would make nice Christmas gifts. 833-1078, recorder will answer.

FOR SALE: Mausoleum for two at Greenlawn at Panorama and River Blvd, \$5,500. 832-3807.

FOR SALE: Nice living room sofa, \$45. 564-1845.

FOR SALE: 3 working color TVs with remotes, 26 & 28", \$100. Many purses & large bags & various women's shoes sizes 7 & 8, a variety of magazines and books, send an email for list of books & monthly magazines, several new in the boxes of men's shoes, never worn siz-

es. Can text you or email you a pix. of any of the items. Email is trek66@gmail.com or text 661-747-4647 or call and leave a voicemail message. Can text you or email you a pix of any of the items.

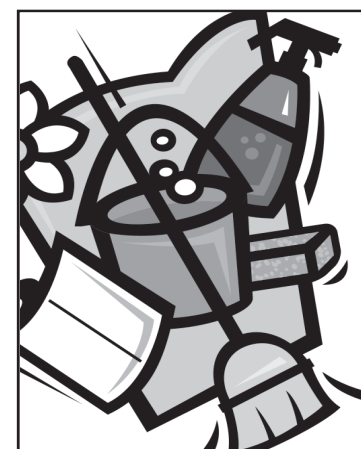
FOR SALE: Burial plot, Greenlawn at Panorama & River Dr., Rock of Ages, \$2,250, 837-1757.

FOR SALE: Hillcrest Memorial Park Lake View Lawn, Lots 2320 and spaces 1 & 2 beautiful area by the Lake, last plots in that area. Sell together, \$10,000 for both. 832-8861.

SERVICES

LOCKSMITH SERVICE – Locks repaired, locks rekeyed. Buster Beebe, 833-1600.

SEAMSTRESS -- I'm a professional seamstress and do alterations. I love to sew! Call me anytime. 50 years' experience. I can pick up and deliver. Vicky at 208-866-8477.



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HOUSE CLEANING – Kern City resident with lots of experience and references cleans houses and makes them shine. Reasonable prices. Please call Elsie at 706-9082.

AVON -- Happy New Year. Avon continually has new items coming out. For a Avon Catalog or to place an order, call Judy Harris, at 831-7613, email ibejudyh@sbcglobal.net or text 331-2229.

CAT SITTER: Anyone in need of someone special to baby-sit their precious kitty? I live in Kern City, and I LOVE cats! Please call me. I used to work for Dr. Stern at Southwest Veterinary Hospital on Brundage many years ago. I've had over 20 kitties in my lifetime. I can give references. Call Debbie at 342-5033.

PERSONAL ASS'T: Kern City resident can help with grocery shopping, meal planning and food preparation. Reasonable rates, references. Call Nancy at 662-610-7743.

RIDES/OTHER HELP: Resident will give you a ride to the store, doctor appointment, bank, etc. For references and prices, please call Lori at 805-216-9832.



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SEAMSTRESS -- Was voted Tehachapi's Seamstress of the Year for 2019. Kern City resident to serve your sewing and alteration needs. Your satisfaction is my satisfaction, all work is guaranteed. Formal and ceremonial gowns are welcome. May Cooper, 859-8339.

NEED CLERICAL, ORGANIZATIONAL HELP? -- I do clerical, typing, letter writing, bookkeeping, and organizing. I was in banking for over 20 years. Very reasonable! I'm a Kern City resident. Sharon, 340-0215.



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January 2021 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	1 Friday <u>CLOSED</u> Happy New Year! New Year KC Rose Parade Meet at 1:30p in parking lot. 	2 Saturday
3	4	5 Blue cart pickup 	6 ,	7	8	9
10	11	12 Board Mtg, 9a Check to see how to connect due to COVID. Free flu shots, 10a. call office to reserve. 	13	14 <u>Street Sweeper</u> 	15	16
17	18  CLOSED	19 Blue cart pickup 	20	21	22	23
24	25 31	26	27	28	29	30

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